

# SERVICE SELECTION BOARD

## (SSB INTERVIEW)

NDA | CDSE | AFCAT | NCC SPL ENTRY | SSC - TEC | SSC - NON TECH  
| TGC - ENTRY | TES ENTRY | 10+2 B.TECH | ICG - AC





## ABOUT ORGANISATION

**VISION DEFENCE INSTITUTE** is a premier organization training young minds to join the Indian Armed Forces in officer entries of Army, Navy, Airforce, Coast Guard and Agniveer since 2018. It was founded with an aim to contribute for the nation building and act as an expertise in transforming the talents, skills of the youth to render the honourable services to the Nation in all walks of life.

## VISION

- ✓ To ascend to the position of global leadership and transform people's lives through growth and development.
- ✓ Actively participates in human resource development and nation building to make a positive contribution.
- ✓ To nurture leadership for the future and create positive change makers.

## VISION

- ✓ To facilitate over 500 career transformations annually.
- ✓ To be a feeder organization for the armed forces training academies (NDA, IMA, INA, AFA, OTA), aiming for more than 100 officers yearly.
- ✓ To bridge the gap between educator training methodologies and the competitive edge necessary for youth to excel and pursue careers in the armed forces.





**JAYAMURUGAN R**  
CO-FOUNDER &  
DIRECTOR OF ACADEMICS



**PAUL LEO P**  
CO-FOUNDER &  
DIRECTOR OF ADMINISTRATION



**VIGNESH G**  
CHIEF EXECUTIVE OFFICER



**INSPIRATION BY**  
Maj Gen NRK Babu and  
Gp Capt Dominic Ryan



**FACILITATED BY**  
DDG NCC TN Cmde Atul  
Kulkarni



**INSPIRATION BY**  
Air Marshal Varthaman







**INTERACTION WITH**  
Mr Varatharajan, Father of Maj  
Mukund Varatharajan



**INSPIRATION BY**  
B Ragupathi IPS



**INSPIRATION BY**  
India's Youngest  
Paleontologist





# SUCCESSFUL CANDIDATES

Our Students to Officers - Where Dreams became reality



**N SIRANJEEVI**  
ICG-AC-TECH-2022



**SURENDAR**  
SSC-TECH(IN)- 2022



**SALMAN**  
SSC-TECH(IA)- 2021



**G KIRAN**  
SSC TECH - 62



**SAI ABHILASH**  
TGC ENRTY - 139



**CHERAMAN**  
NCC SPL- 2022AIR



**JESUS JANANI**  
SSCW TECH - 33



**S SABARI**  
NDA/NA- 2 - 2022



**AJ JEY GANESAN**  
NCC SPL ENTRY - 2022



**DEEPAK**  
NCC SPL ENTRY - 2022



**CHARAN**  
OTA GAYA- 2021



**M DHARUN**  
NDA/NA- 1 - 2022



**UJJWAL RANJAN**  
NDA/NA- 1 - 2023



**G SIDHARTH**  
NDA/NA- 2 - 2022



**ASHOK**  
CDSE-2018



**ABHIRAM A**  
SSC TECH - 62



**GS PRATHOSH**  
TES ENRTY 51 - 2024



**S U KEERTHI PRIYAN**  
NDA/NA- 1 - 2024



**V GURU PRANESH**  
NDA/NA- 2 - 2023



**S RAHUL**  
NDA/NA- 1 - 2023



**PIRAJADHAKSHNI**  
CDS-OTA- 2023



**G KARTHICK**  
NDA/NA - 2018



**C R AKIL ARASU**  
ILAMPARATHI  
NDA/NA- 1 - 2023



**GULSHAN NANDE LAL**  
NDA/NA- 1 - 2023



**YUVAN KARTHICK**  
NDA/NA- 1 - 2023





**K SARAN**  
NDA/NA- 1 - 2023



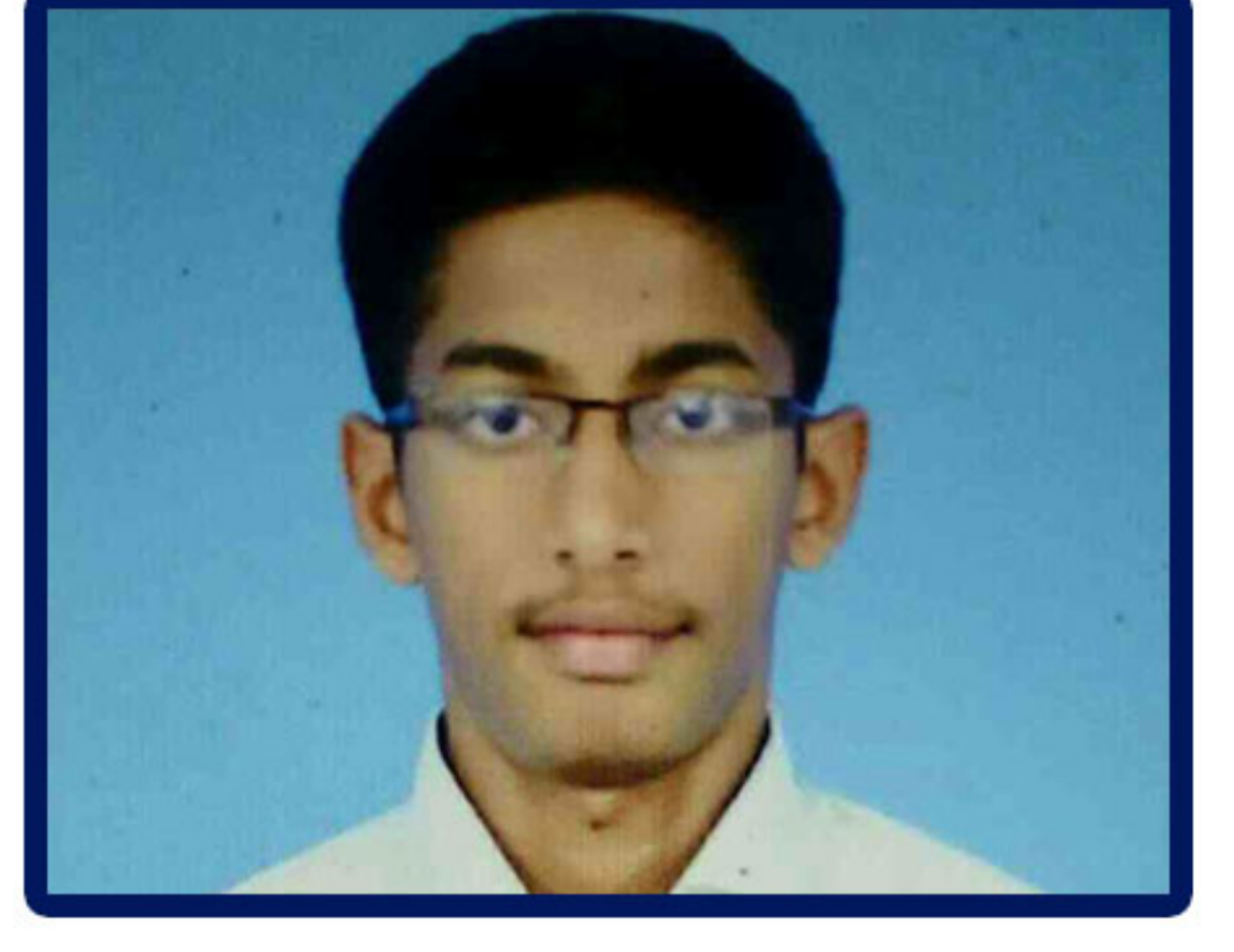
**S KALAIDEEPAN**  
NDA/NA- 2 - 2022



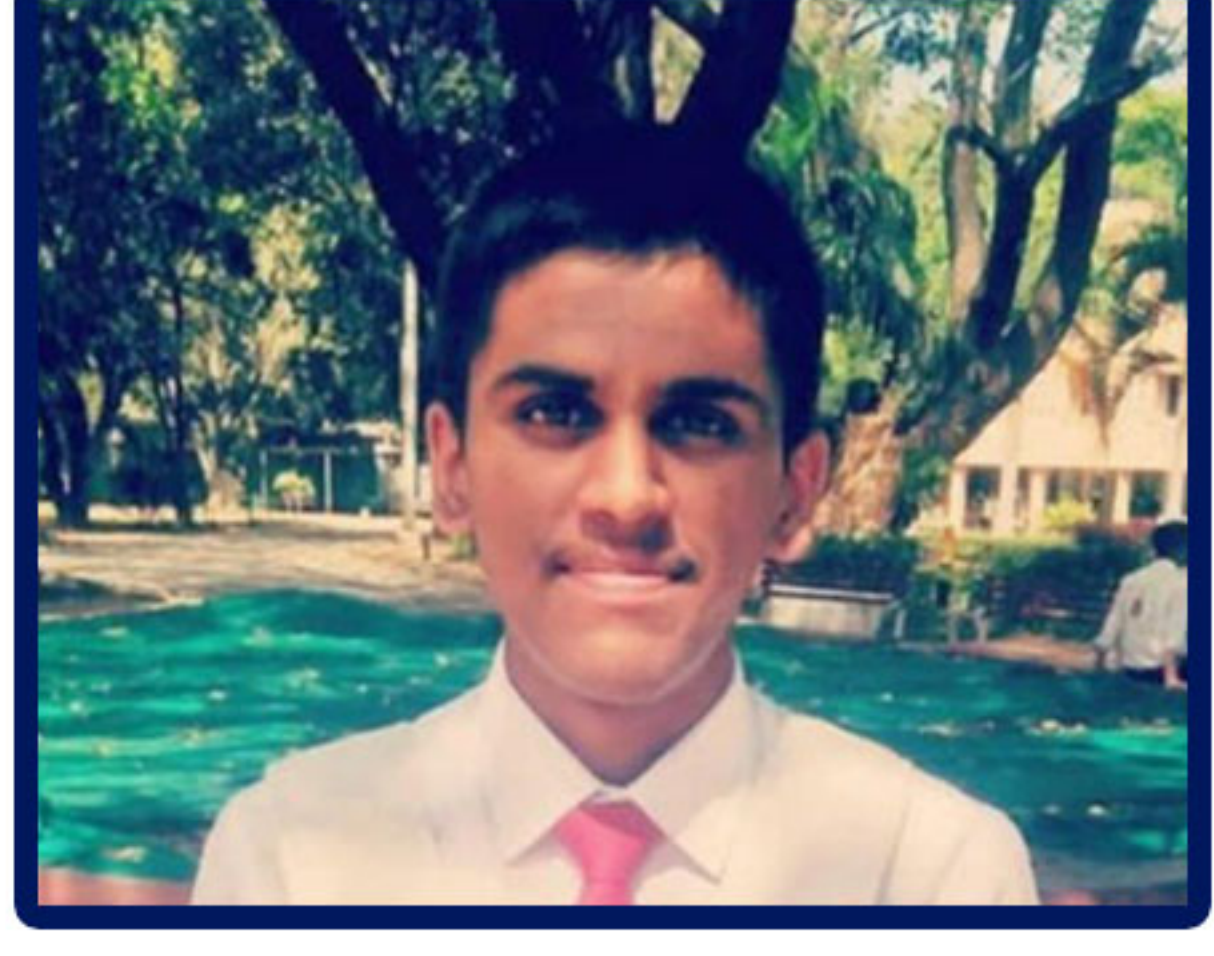
**JEROME MANICKKA RAJ**  
NDA/NA- 1 - 2023



**KOVARTHANAN K**  
NDA/NA- 2 - 2023



**SHREE NIKESH**  
NDA/NA - 2019



**LOGESHWARAN**  
NDA/NA - 2019



**S GOKUL**  
NDA/NA - 2018



**RATAN**  
NDA/NA - 2019



**P LOKESH**  
NDA/NA - 2023



**KN NARESH**  
NDA/NA - 2018



**DL AAKASH**  
NDA/NA - 2018



**AZAR**  
TGC - TECH



**MUTHULAKSHMANA KUMAR**  
CDS -OTA - 2023



**VISHNU PRAKASH**  
ACC ENTRY - 2021



**SUBASH**  
OTA GAYA - 2019



**BR GAUTAM**  
NDA/NA - 2018



**APOORVA ALOK**  
NDA/NA - 2019



**ABHINAV KARTHICK**  
NDA/NA - 2021



**BALAJI SR**  
SSC TECH 63 - 2024



**ABHISHEK**  
TES - 52 - 2024



**SUBASH**  
CDS - OTA- 2019



**ROHIT**  
TGC - 2023



**KREESHMA**  
SSC TECH(IN) - 2020



ஈன்ற பொழுதின் பெரிதுவக்கும் தன்மகனைச்  
சான்றோன் எனக்கேட்ட தாய்  
- குறள் 69



## **PROFILE OF TRAINERS**

- Alumnus of Sainik School  
(Ministry of Defence) Amaravathinagar
- Recommended in Services Selection  
Board for 8 times (NDA/CDSE)
- All India Best Cadet Air wing  
NCC 2007 - RDC
- Best Cadet Award - Air Force Attachment  
at Air Force Academy Dundigal-2007
- Cleared Central Armed Police Force  
Exam in 2012
- Qualified in Civil Services Prelims 5  
times and taken Mainexamination  
5 times (2012- 2016)
- Qualified for Assistant Professor/Lectureship  
in Sociology (UGC-NET-2016)



**JAYAMURUGAN R**

**CO-FOUNDER & DIRECTOR  
OF ACADEMICS**

**“MY AIM IS TO PURSUE A SINGLE CAUSE OF TRANSFORMING  
LIVES TO GROWTH AND DEVELOPMENT”**

*- Jayamurugan R*





**PAUL LEO P**

**CO-FOUNDER & DIRECTOR  
OF ADMINISTRATION**

## **PROFILE OF TRAINERS**

- Graduated with Mathematics and Geography
- Post Graduated in Criminology
- PG Diploma in Cyber Security
- Expert teaching in Polity, Mathematics and Geography
- Seven years of teaching experience
- Teaching experience for Group exams in Tamilnadu Employment office.

**“MY AIM IS TO CREATE SYSTEMS OF STEADFAST WORK, DUTY  
AND DEVOTION WHICH ENHANCES HUMAN POTENTIAL”**

*- Paul Leo P*



# COURSE DETAILS

Our Online-cum-Offline SSB Training Program is meticulously designed to nurture and enhance the Officer-Like Qualities (OLQs) essential for success in the SSB Interview. This program combines the flexibility of online learning with the rigor of offline training, ensuring that each candidate receives personalized attention tailored to their unique strengths and areas of improvement.



## WHY YOU CAN RELY ON US?

**INDIVIDUALIZED FOCUS:** We believe in a customized approach, where each candidate's progress is closely monitored, and personalized strategies are developed to align their qualities with the expectations of the SSB interviewers.

**COMPREHENSIVE OLQ DEVELOPMENT:** The program emphasizes the holistic development of OLQs such as effective communication, decision-making, leadership, and adaptability, which are crucial for recommendation in the SSB interviewers.

**EXPERT GUIDANCE:** Our seasoned trainers, with years of experience in SSB coaching, provide continuous feedback and mentoring, ensuring that each candidate is well-prepared to excel in all stages of the SSB interview process.



**DETAILSHYBRID LEARNING APPROACH:** The combination of online and offline sessions allows candidates to learn at their own pace while benefiting from hands-on practice, group discussions, and mock interviews in a controlled environment.

**Freshers and Repeaters are given unique experiential learning**





## PERSONALITY TRANSFORMATION COURSE - PTC

**Holistic Development:** Our course focuses on the comprehensive enhancement of your personality, covering communication skills, confidence building, emotional intelligence, and leadership qualities.



**CUSTOMIZED LEARNING PATH:** Tailored to your individual needs, our program offers personalized coaching and strategies to address specific areas of improvement, ensuring a truly transformative experience..

**EXPERT GUIDANCE:** Learn from experienced professionals and trainers who provide insightful feedback, practical tips, and continuous support to help you achieve your personal and professional goals

**FLEXIBLE SCHEDULING:** Designed for busy individuals, our course offers flexible online and offline sessions, allowing you to transform your personality at your own pace and convenience.

**INTERACTIVE AND ENGAGING:** The course includes a mix of interactive sessions, role-playing, group discussions, and real-life scenarios to ensure that you actively apply what you learn process.

**For developing clarity in making decisions and communicating.**



# ENGLISH COMMUNICATION AND SOFT SKILL DEVELOPMENT COURSE

## ENHANCED COMMUNICATION SKILLS:

Develop clear and effective communication in English, focusing on fluency, pronunciation, and vocabulary to excel in professional and social interactions.



## PROFESSIONAL SOFT SKILLS:

Master essential soft skills like teamwork, leadership, time management, and problem-solving, tailored to boost your career and personal growth.

## INTERACTIVE LEARNING APPROACH:

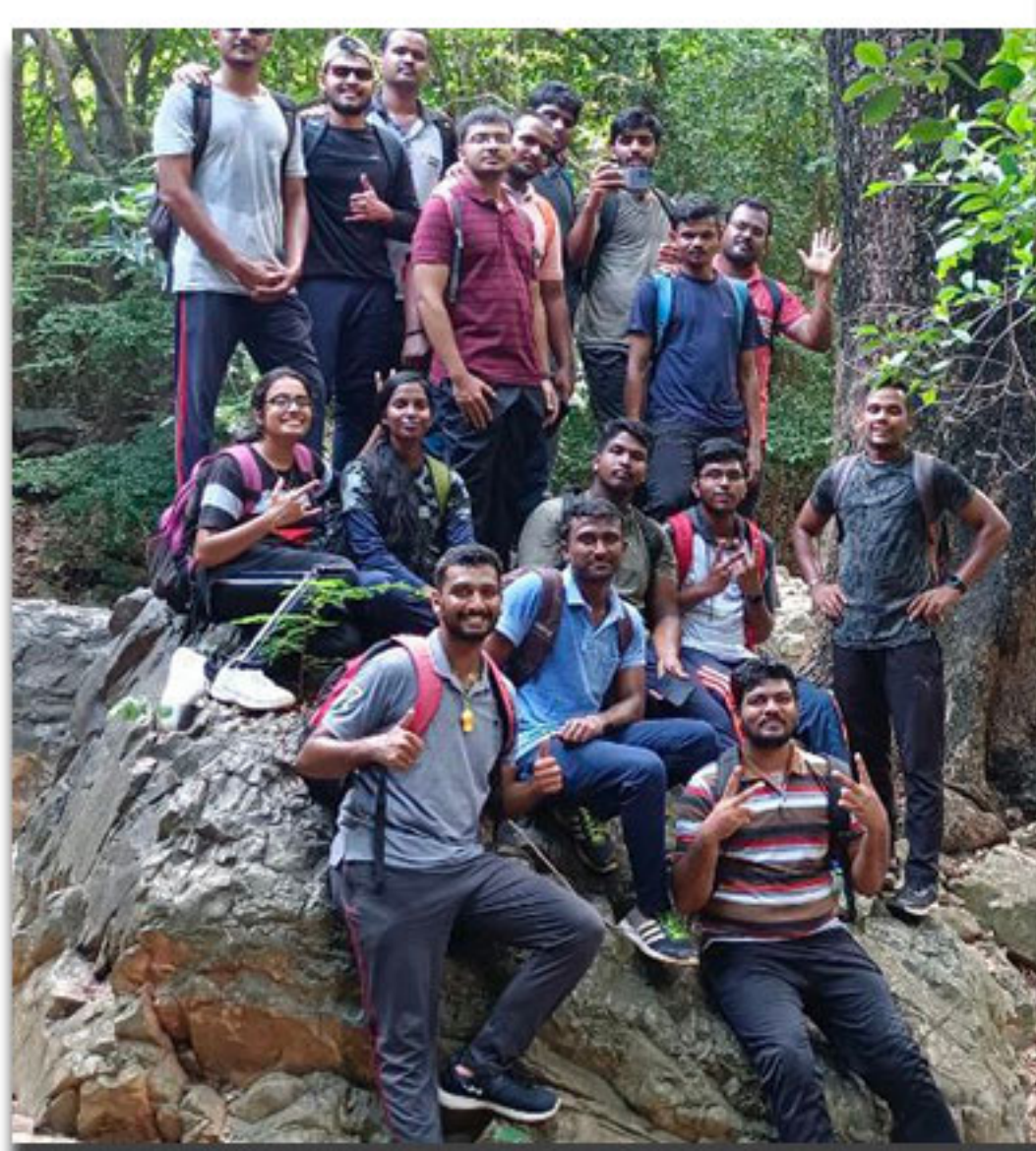
Engage in interactive sessions, including group discussions, role plays, and presentations, designed to build confidence and improve public speaking.

## PERSONALIZED FEEDBACK:

Receive individualized feedback from experienced trainers to identify strengths and areas for improvement, ensuring continuous progress.

## REAL-WORLD APPLICATIONS:

Learn practical skills applicable to everyday scenarios, such as writing effective emails, conducting meetings, and networking, to thrive in diverse environments.







# SSB INTERVIEW

The SSB procedure consists of two stage Selection process - stage I and stage II. Only those candidates who clear the stage I are permitted to appear for stage II.

## STAGE 1 (SCREENING TEST)

“Stage I comprises the Officer Intelligence Rating (OIR) Test and the Picture Perception and Discussion Test (PP&DT). Candidates will be shortlisted based on their combined performance in the OIR Test and

### **OFFICER’S INTELLIGENCE RATING TEST(OIR) :**

This is a simple test of logic and analytical aptitude, based on which an intelligence rating ranging from I to V is awarded to the candidates, depending on the number of correct answers. It is obvious that candidates with a higher intelligence rating will have an advantage throughout the entire testing process, including Stage II.

### **PICTURE PERCEPTION AND DISCUSSION TEST(PP&DT) :**

You were shown a picture on the screen, which you were required to perceive correctly. Time was then given to write down your perception, including the number of characters, their age, mood, and to create a story related to the picture. Correct perception is essential to perform well in this test. This was followed by individual storytelling and a group discussion. Your power of expression, clarity of language (both grammatical and logical), confidence, participation, and ability to accept others’ ideas are all important aspects of this test. Your body language and attitude throughout the exercise are also significant. To succeed, you must remain actively involved in the test at all times.

### **RESULT PASSING OF STAGE-I :**

The test is a combination of your intelligence rating, individual story content, method of narration, command over language, and overall performance in the discussion and completion of the task. Once the results are announced, the relevance of your Stage I performance is no longer considered, except for your intelligence rating, which continues to affect your overall results during Stage II.



# **SAMPLE PP&DT PICTURE**



## **STAGE II**

The Stage II tests comprise three different techniques: psychological tests, group tasks, and the personal interview. These will be elaborated on separately. However, it is emphasized that in all three techniques, the assessment focuses on your personality, which is based on 15 specified OLQs (Officer-Like Qualities).

## **PSYCHOLOGY TEST**

The purpose of the psychological tests is to reveal suppressed feelings and contradictory beliefs that people often hide. These are a form of projective testing, where the outcomes are neither constrained by predetermined parameters nor governed by universal norms. Such tests bring out both the best and worst aspects of your subconscious and are not graded on a fixed scale. They assess your subconscious, including your motives, beliefs, anxieties, behavior patterns, and inclinations.

The tests comprise the Thematic Apperception Test (TAT), Word Association Test (WAT), Situation Reaction Test (SRT), and Self-Description Test (SDT).

## **TAT - THEMATIC APPERCEPTION TEST**

Twelve images are displayed one after the other. The first image is shown for thirty seconds, during which the candidates are expected to carefully observe it. They are then given four minutes to compose a narrative. The final image is always a blank slide, on which candidates are free to create any kind of story they wish.





## **WAT - WORD ASSOCIATION TEST**

Candidates are shown sixty words, one at a time. Upon seeing each word on the screen, they must use it to construct a meaningful sentence. After approximately 15 seconds, a new word appears on the screen. Candidates can identify the appearance of a new word by listening to the buzzer sound.

### **EXAMPLE WORDS**

- Duties - It is our duty to uphold India's laws.
- Joy - Joyful people are positive and attractive.
- Method - Effective methods are used to resolve the problem.
- Continue - The show continued after it is abruptly stopped by rain.
- Time - Time management is essential for any projects.

## **SRT - SITUATION REACTION TEST**

In this test, candidates are given a booklet containing 60 situations and a sheet of paper to write their responses on, within 30 minutes.

### **EXAMPLE SITUATIONS**

- You are inside your apartment when the light suddenly goes away. you will....
- You saw a few men doing drugs near the public restroom for women you will.....
- He saw a black car hitting a lady and running away. He.....
- You got down on wrong station and train left. You will.....
- When you are walking on street, you see a group of boys teasing a girl. You will.....

## **SELF-DESCRIPTION TEST**

- You are asked to perceive how others around you see you say what your parents think about you, what your teachers think about you, what your friends think about you.
- You will write down your strength, weakness and aim in life.



## PERSONAL INTERVIEW

The interviewing officer discusses, through questions and answers, the opportunities you have had in your life and the benefits, positive or otherwise, you have derived from them. This is a test of your heart. The officer is fairly senior and experienced in the armed forces. While interacting with you, he assesses whether you possess the qualities required to be an army officer. Your past achievements in academics, competitive exams, extracurricular activities, interests in life, sports, and your feelings for parents, friends, teachers, and society, along with your general knowledge, awareness, and physical and mental fortitude, are all important aspects of his assessment.



## GTO - TASK

The group tasks in SSB consist of a total of nine tasks categorized well as basic series, confirmatory series and the final series. They are

- Group Discussion (GD)
- Group planning Exercise (GPE)
- Progressive Group Task (PGT)
- Half-Group Task (HGT)
- Group Obstacle race
- Lecturette
- Individual Obstacles
- Command Task
- Final Group Task (FGT)





## GROUP DISCUSSION (GD)

There are two group discussion rounds. In the first round, the GTO presents the group with two subjects, and they can select the topic they want to discuss. This breaks the ice and allows the GTO to observe the candidates' speaking approach and timing, as they choose a topic most are familiar with. It also provides a clear picture of the group's awareness and level of collaboration. In the second round, candidates are given a single, non-negotiable topic by the GTO. The time allotted for each discussion is 20 minutes.

## GROUP PLANNING EXERCISE (GPE)

- The candidates are first shown a wooden model and given an explanation by the GTO. In front of you are also placards that have been turned face down. The GTO will take a card and narrate a story after explaining the model. As the GTO speaks, pay close attention to both what is said and how it is said. Once he finishes reading the story, you will have five minutes to read the story aloud, relate it to the map on the wooden model, and come up with a solution.
- The placards are removed after five minutes, and you are given ten minutes to write your unique solutions on a piece of paper. The group must then discuss and arrive at a common answer, which is presented to the GTO by a member nominated by the group.



## PROGRESSIVE GROUP TASK (PGT)

The team is provided with helping materials such as a plank, a balli, a rope, and their own team—which is actually the most valuable resource, as no single member contributes ideas alone; the team progresses through the combined efforts of all members. Additionally, you are given a load in the shape of a barrel or drum. The space of land between the starting and finishing lines is referred to as the obstacles.





## HALF-GROUP TASK (HGT)

The main group is split into two groups for the Half Group Task by the GTO, and each group is given a single obstacle that is identical to the ones you encountered in the PGT. The HGT takes about twenty minutes.



## GROUP OBSTACLE RACE/ SNAKE RACE

In this exercise, each group competes against the other to overcome a total of six hurdles and win. Each group is allowed to choose its own battle cry, which they often have to repeat from the top of the Commando Step while tackling individual obstacles. The wrapped tent that the group carries is called the 'Snake' because of its peculiar shape. There are four channels for the six obstacles, arranged in a line. In other words, each channel contains six unique obstacles. Every group participates on a single channel and competes against one another.

## LECTURETTE

In this task, each candidate receives a card with four topics listed on it. He is free to choose any one topic from the list and deliver a three-minute talk to the group as well as the GTO, based on his knowledge and preference.







## INDIVIDUAL OBSTACLE

Initially, the GTO gathers the candidates in the area with all ten obstacles. You will then receive a briefing on each obstacle, watch a demonstration, and be informed of its number, which also represents its marks. The obstacles are placed randomly rather than in numerical order. The GTO will then explain that you may complete the hurdles in any order, and you may repeat them if time remains after completing all ten. A total of three minutes is allotted to complete the task.

## COMMAND TASK (CT)

Before assigning you the task, the GTO will take some time to speak with you and get to know you by asking a few simple questions about your background. Additionally, he will want to know who your subordinates are and why. You will have between fifteen and twenty minutes for the task. The GTO may adjust the level of difficulty based on your performance and progress.



## FINAL GROUP TASK (FGT)

The Final Group Task is the only task in the final series. The entire group will be called back for this activity, and they will be assigned a task that is comparable in difficulty to the PGT. It will be conducted in accordance with the same guidelines that you were informed about prior to the start of your PGT.



## CONFERENCE DAY

- On the last day, all the assessors sit together to discuss the candidates' performance and decide on their recommendation for joining the forces.
- After the recommendation, a candidate will go through the process of submitting applications and forms.
- Candidates will be briefed on the medical test and will undergo a complete medical examination at a Military Hospital, Command Hospital, or Research and Referral Hospital

## NOTE

- Flying branch or Pilot Entry candidates undertake the Computerized Pilot Selection System (CPSS) test, in which a candidate's natural reflexes and ability to be a pilot are assessed.
- CPSS is a once in a lifetime test.
- Candidates will undergo three tests in CPSS, out of which the best score is considered for evaluation.



## OFFICER LIKE QUALITIES

FACTOR I - PLANNING & ORGANISATION	FACTOR II - SOCIAL ADJUSTMENT	FACTOR III - SOCIAL ADAPTIBILITY	FACTOR IV - DYNAMIC
01 Effective Intelligence	05 Social Adaptability	09 Initiative	13 Effective Intelligence
02 Reasoning Ability	06 Cooperation	10 Self-Confidence	14 Reasoning Ability
03 Organisational Ability	07 Sense of Responsibility	11 Speed of Response	15 Organisational Ability
04 Power of Expression	08 Ability to Influence Group	12 Liveliness	



# TRAINING PROGRAMMES

CLASSROOM / ONLINE / HYBRID

## ● FOR CLASS: 8 - 10

- NDA/NA - FOUNDATION COURSE
- COMMUNICATION AND PERSONALITY DEVELOPEMENT COURSE
- AGNIVEER - ARMY / NAVY / VAAYU

## ● FOR CLASS: 11 & 12

- NDA/NA - LONG TERM BATCH
- NDA/NA - REGULAR BATCH
- NDA/NA - CRASH COURSE
- SSB INTERVIEW AND PERSONALITY DEVELOPEMENT COURSE

## ● FOR GRADUATES - IMA / INA / AFA / OTA

- COMBINED DEFENCE SERVICE EXAM (CDS)
- AIRFORCE COMMON ADMISSION TEST (AFCAT)
- INDIAN COAST GUARD - ASSISTANT COMMANDANT (ICG AC)
- CENTRAL ARMED POLICE FORCE (CAPF)
- SSB INTERVIEW (TGC, SSC-TECH, NCC SPL ENTRY, JAG, ACC)
- PERSONALITY TRANSFORMATION COURSE
- TAMILNADU PUBLIC SERVICE COMISSION (TNPSC)
- STAFF SELECTION COMISSION - CONSTABLE GENERAL DUTY(SSC - GD)

## WORKSHOPS (W.S) / LECTURES

- SSB INTERVIEW WORKSHOP
- EFFECTIVE PUBLIC SPEAKING WORKSHOP
- BE A TOPPER WORKSHOP
- MOTIVATIONAL LECTURES
- DEFENCE CAREER GUIDANCE WORKSHOP

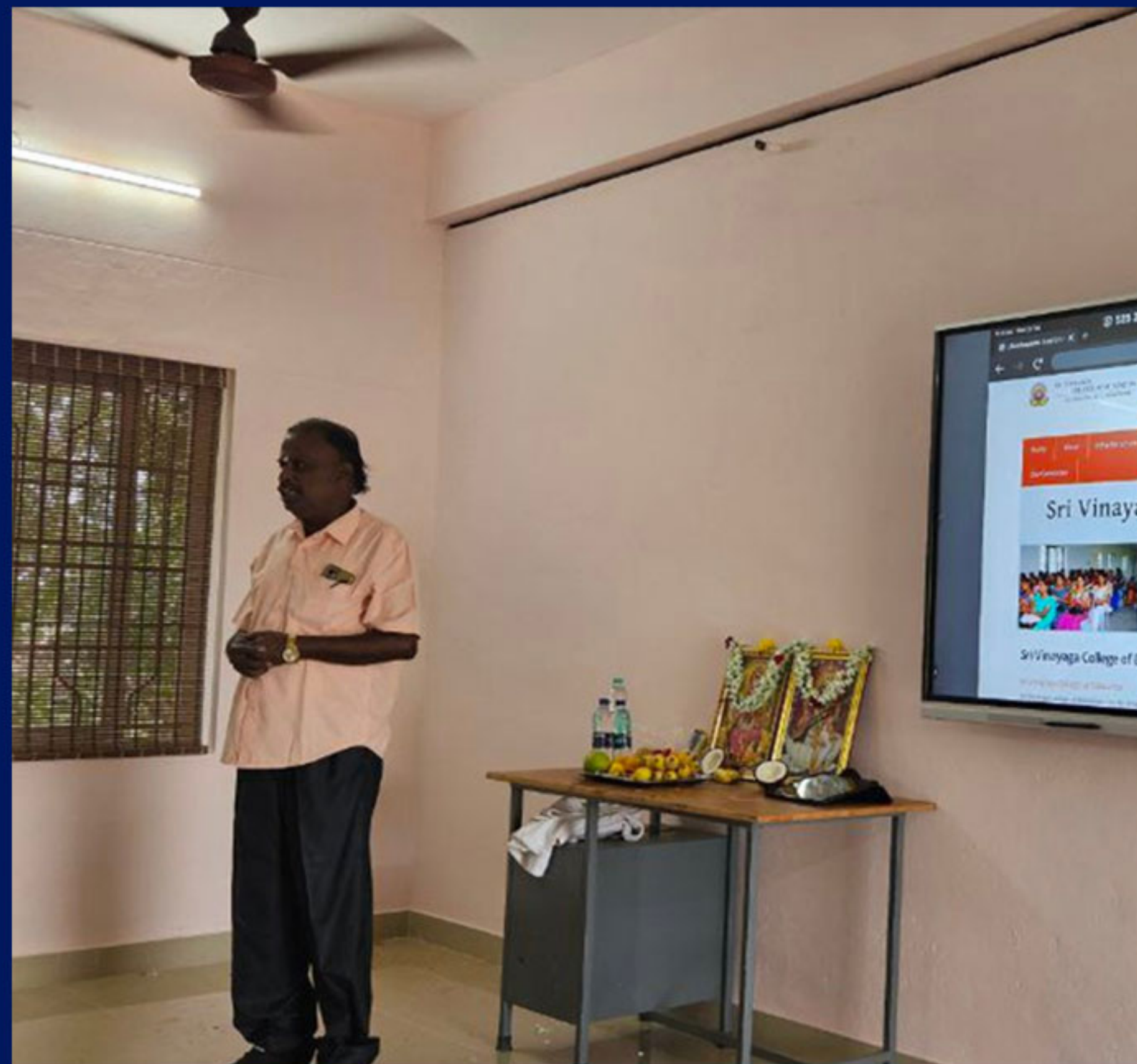




# WORKSHOPS & COLLABORATIONS



**CHENNAI INSTITUTE  
OF TECHNOLOGY**



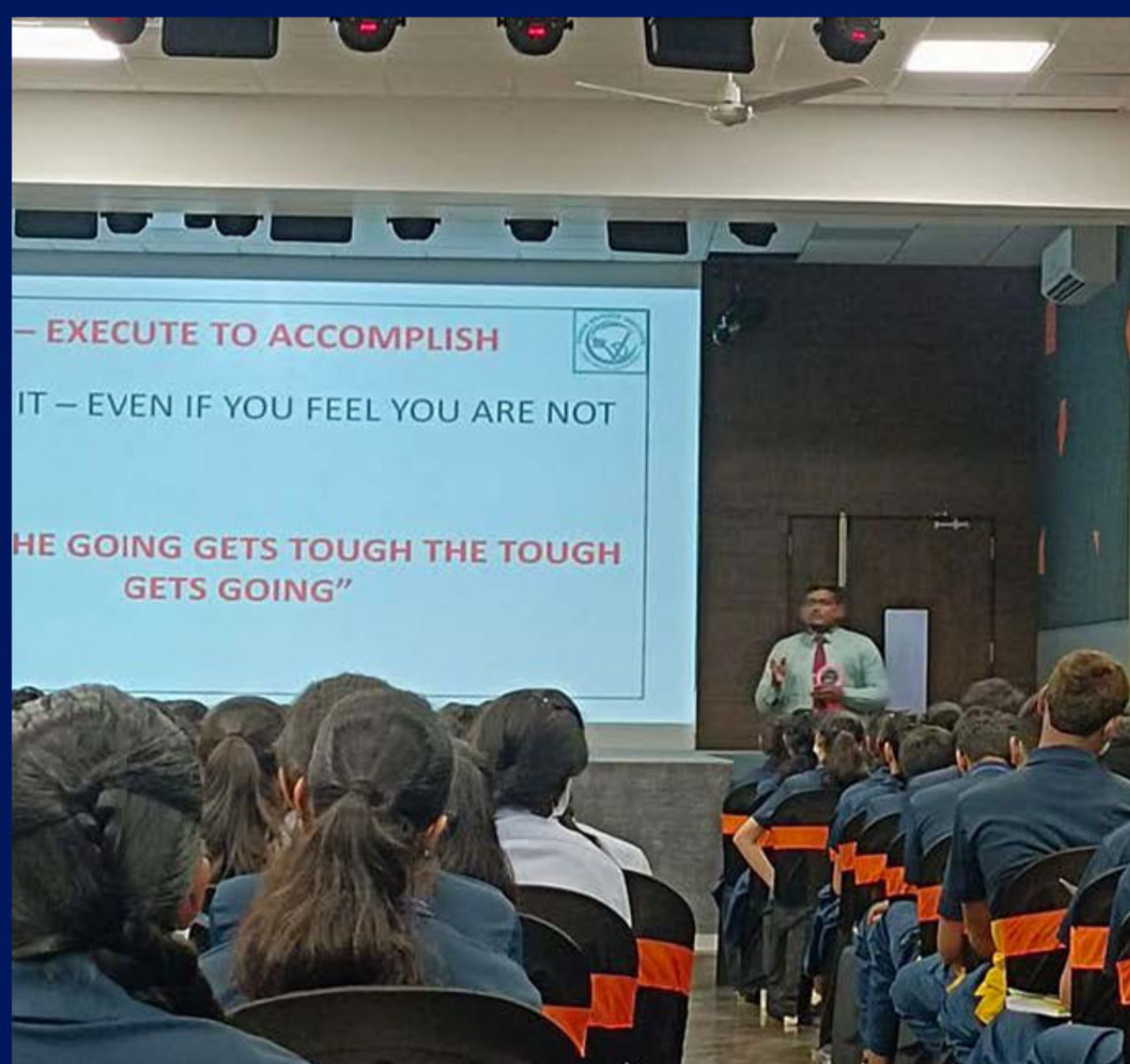
**SRI VINAYAGA ACADEMY**



**RATHINAM COLLEGE OF  
ARTS AND SCIENCE**



**DG VAISHNAVA COLLEGE**



**NATIONAL MODEL  
PUBLIC SCHOOL**



**MOHAMED SATHAKAJ  
COLLEGE OF ENGINEERING**



# WORKSHOPS & COLLABORATIONS



PS TEMPLE GREEN  
VIDHYASHRAM



VELAMMAL GROUPS



DEVI ACADEMY HIGHER  
SECONDARY SCHOOL



DAV GROUP OF SCHOOLS



SHREE MAHALAKSHMI  
MATRICULATION SCHOOL



SAINIK SCHOOL  
AMARAVATHINAGAR



## FOR MORE DETAILS



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Madurai – 625 017



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